

JUMP IN and use our programs for your organisation

Your people can attend any of the public sessions that we run, just let us know how many of your leaders would like to attend and when. If the numbers justify, we can run our workshops exclusively for your leadership.

They will benefit from wider exposure to leaders outside your sector and have opportunities to learn with the members of the Inner Leadership Academy. All attendees will be able to sign up to our free Academy to keep themselves updated with our insights and materials that we publish from time to time.

Inner Leadership JUMP IN offerings

Leadership Development Workshops (5 different workshops)

True leadership comes from within through awareness, increased self-understanding, and development of inner potential. Blind spots in behavioural styles can become destructive, patterns are set to repeat, and decision are made within comfort zones.

Inner development of leaders will lead to improved emotional intelligence, better resilience and improved behavioural responses.

2-day workshop
(5 different workshops)

Executive Coaching

We offer senior leaders a place to reflect upon their current performance, the quality of their life, the authenticity of their lives' path and to address their current desires for personal growth.

Increased levels of consciousness allow leaders to see the growth opportunity in each challenging situation, to provide the courage to move outside comfort zones, and to become more and more authentic.

packages of 8 coaching sessions

Non-Executive Coaching

With targeted focus, we help leaders on their individual development journey to develop repressed resources and dormant potential, to broaden their coping strategies while facing your day-to-day challenges, to achieve greater flexibility in their responses and become more authentic for personal success.

packages of 8 coaching sessions

Emotional Intelligence

We build and develop emotional intelligence by broadening mental and emotional responses to increase behavioural agility for leaders and the cooperation in their teams.

Expanding and developing the inner team of resources provides leaders with more options to act, to cope and react to situations. Instead of automatically triggered patterns, they will be able to freely choose their response that is appropriate to the situation.

2-day workshop